# Risako Nishiyama

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## EDUCATION

**The University of Texas at Austin**                                          (Expected) May 2024
Bachelor of Arts in Psychology & Minor in Educational Psychology
Major GPA: 4.0 / Cumulative: 4.0

## RESEARCH INTERESTS

- Cognitive Psychology and Neuroscience
- Learning and Memory
- Effects of trauma and stressors on mental health in adolescents and adults.
- Developmental Psychology

## ACADEMIC & RESEARCH EXPERIENCE

**Memory and Aging Laboratory, UT Austin**                          (Expected) January 2023
*Research Assistant*
- Research on how sleep quality, levels of depression and anxiety, socio-cultural related stress, and other psychosocial factors impact episodic memory and other memory-related brain activity in adults across the lifespan.

*Supervised by Dr. Audrey Duarte, Professor, Dept. of Psychology and Dept. of Neurology*

**Undergraduate Research Apprenticeship,** *UT Austin*            August 2022 – December 2022
*Research Assistant*
- Participated in the GRIDS (Gender, Race, Indigeneity, Disability, and Sexuality Studies) Initiative.
- Analyzed rhetoric, argument schemes, and common themes using in arguing for or against ethnic and gender studies curriculum in proposed legislative bills.
- Collected relevant sources such as legislation, news articles, commentary and Op-Eds, and social media posts surrounding the assigned state bill.
- Culminated in final presentation at the end of the semester in front of 30+ students, the College of Liberal Arts Dean and Associate Dean and various professors
- Selected out of competitive applicant pool to participate in research program receiving $500

*Supervised by Dr. Karma Chavez, Professor, Dept. of Mexican American and Latin American Studies*

**Project SEED**, UT Austin                                          August 2021 – April 2022
*Head Scheduler, Office Research Assistant*
- Conducted research on the effects of translating from English to Spanish on academic and socio-emotional well-being of students with parents who do not speak English.
- Contacted participants who missed a survey the day prior through email and Google Voice, and recorded interactions on REDCap.
- Led the scheduling team of 6~13 RAs to ensure that all contacting and phone call shifts were covered by RAs.

- Managed, supervised, and trained 7 RAs on contacting protocols and procedures; served as a resource for on-duty RAs that had any questions.
- Implemented and executed changes with the help of the head RA to aid in the process of changing and updating scheduling protocols.
- Compiled and sorted scheduled training and exams, and sent emails that updated the scheduling team on the training itinerary during the 3-day time period.

*Supervised by Dr. Su Yeong Kim, Professor, Department of Human Development and Family Sciences*

## COMMUNITY INVOLVEMENT

**(un)Jaded,** Austin, Texas                                        February 2022 – Present
*Operations Director, Member*
- Promoted mental health and wellbeing in Asian and Pacific Islander students and allies at the University of Texas.
- Facilitated weekly director meetings consisting of 16 people, and ensured that all leadership departments were aware of plans such as workshops, fundraising, events and social, and that goals were being met.
- Coordinated event planning, funding, recruiting, and helped with recruiting while working with the finance and fundraising, marketing culture, program and outreach, and events department.
- Managed and tracked membership requirements utilizing a Google spreadsheet that included information about each member, due payments, and number of meetings attended.
- Oversaw communication platforms such as Discord and email, and sent newsletters to ~100 total members and non-members to notify them of upcoming events, merchandise, and recruitment period.

## HONORS, AWARDS, SCHOLARSHIP

**Distinguished College Scholar - COLA**, UT Austin                        Spring 2022
**University Honors**, UT Austin                                    Fall 2020 – Fall 2022

## AFFILIATIONS

**Phi Kappa Phi Honor Society**, UT Austin                        March 2022 – Current
**Alpha Lambda Delta Honor Society**, UT Austin                    February 2020 – Current

## SKILLS & CERTIFICATIONS

**Computer**: Adobe InDegisn, Microsoft Office, R Studio (entry level), Python Programming Language (entry level)
**Languages**: Japanese (native level proficiency)